

Thank You!!!

Thank you to the following business that helped sponsor events!



Highland Village
Senior All Star
NEWS

www.hvparks.com 972-317-7430



Happy New Year!!!

We hope that everyone had a Happy Holiday season and are excited to begin the new year! Here are some highlights from the 2014-15 Senior All Star New Year's Eve Party.



Our Mission
To enhance the quality of senior citizens' lives and to promote dignity, respect, and well-being in a caring, sharing, friendly, welcoming environment.

At a Glance

EVENTS FOR JANUARY

- 1/1 New Year's Day - Closed
- 1/15 Meals on Wheels - BINGO
- 1/19 MLK Day - Closed
- 1/20 Trip to Kimbell Art Museum
- 1/29 Lunch & Trivia

EVENTS FOR FEBRUARY

- 2/5 Meals on Wheels - BINGO
- 2/12 Valentine's Day Party
- 2/18 Trip to George Bush Library & Museum
- 2/19 Meals on Wheels
- 2/26 Lunch & BINGO

Highland Village Senior All-Stars

The Robert & Lee DuVall Center
948B Highland Village Road
Highland Village, TX 75077
972-317-7430 • hvparks.com

Senior All-Stars Staff

Kristin Willingham
kwillingham@highlandvillage.org



PARKS AND RECREATION
1000 Highland Village Road
Highland Village, TX 75077
P: 972-317-7430 • F: 972-317-0237
www.highlandvillage.org



Daily Activities

MONDAY	TUESDAY	THURSDAY
<p>Walking Club - 8:30 a.m. Meet outside the Municipal Complex at 1000 Highland Village Road</p> <p>Game Day - 9:30 a.m. - 12:00 p.m. A variety of card games like Pennies, Dominoes and 42 are played.</p> <p>Tai Chi - 12:00 p.m. (Instructor led)</p> <p>Texas Hold'Em - 1:00 p.m. - 4:00 p.m.</p> <p>Pickleball - 1:00 p.m. - 4:00 p.m.</p>	<p>Game Day - 9:30 a.m. - 12:00 p.m. A variety of card games like Pennies, Dominoes and 42 are played.</p> <p>Pickleball - 1:00 p.m. - 4:00 p.m.</p>	<p>Walking Club - 8:30 a.m. Meet outside the Municipal Complex at 1000 Highland Village Road</p> <p>Game Day - 9:30 a.m. - 12:00 p.m. A variety of card games like Pennies, Dominoes and 42 are played.</p> <p>Bridge - 9:30 a.m. - 12:00 p.m.</p> <p>Tai Chi - 10:30 a.m. (Video Instruction)</p> <p>Meals on Wheels - 12:15 p.m. on the 1st and 3rd Thursday of each month.</p> <p>Pickleball - 1:00 - 4:00 p.m.</p>



Happy Birthday

January

Tom Day	1/1
Wanda Richardson	1/6
Jo DeSive	1/8
Dewey Farrington	1/15
Ralph Masters	1/26
Verne Jackson	1/29

February

Evelyn Notley	2/2
Beatrice Gomez	2/7
James Fagan	2/10
Jack Hayes	2/14
Patsy Wilson	2/22
Dorothy Bartz	2/26
Cindy Roberts	2/26



Do you have a great idea or suggestion for a trip, program or special event? We would love to hear from you!

COMMITTEES

We need your help! Please volunteer to serve on one of our committees.

- Senior Voice
- Trip Committee
- Social Committee
- Special Event Committee
- Hospitality Committee

PARKS & RECREATION STAFF

Director of Parks and Recreation
Linda Cornelius • lcornelius@highlandvillage.org

Parks Administrative Assistant
Terry Golden • tgolden@highlandvillage.org

Parks Operation & Projects Manager
Fince Espinoza • fespinoza@highlandvillage.org

Parks and Trails Superintendent
Tommy White • twhite@highlandvillage.org

Recreation Manager
Andra Foreman • aforeman@highlandvillage.org

Recreation Coordinator
Kristin Willingham • kwillingham@highlandvillage.org

TRANSPORTATION

Is transportation an issue for you? Would you like to participate in the daily activities of the Senior All-Stars, but can't get here? We'd like to hear from you. Please email or call:

Kristin Willingham | kwillingham@highlandvillage.org | 972-317-7430

Here are some transportation services offered in our area. DCTA offers curb-to-curb ADA paratransit service in Denton and Lewisville and demand-response (Non-ADA) service in Lewisville/Highland Village and Denton for the disabled and elderly (65 years and older) patrons.

For more information, or to schedule a ride, call 940-243-0077
Or visit them on the web at: <http://www.dcta.net>

Special Events

Lunch and Trivia

Come join us for lunch and stay for Trivia!
 When: Thursday, January 29
 Where: The Robert & Lee DuVall Center
 Time: 12:15 p.m.
 Cost: FREE
 Sign up is required so please sign up by Tuesday, January 27 at The Robert & Lee DuVall Center or by calling Kristin at 972-317-7430.
 Lunch sponsored by Corinth Rehabilitation Suites on the Parkway and Longmeadow Health Care Center.



Lunch and Bingo

Come join us for lunch and stay for Bingo!
 When: Thursday, February 26
 Where: The Robert & Lee DuVall Center
 Time: 12:15 p.m.
 Cost: FREE
 Sign up is required so please sign up by Tuesday, February 23 at The Robert & Lee DuVall Center or by calling Kristin at 972-317-7430.
 Lunch sponsored by Corinth Rehabilitation Suites on the Parkway and Longmeadow Health Care Center.



Special Interest GROUPS



The Book Club meets at Barnes & Noble in The Shops at Highland Village on the first Wednesday of the month, 11:00 am to 12:00 noon.

February: "The Silkworm" by Robert Galbraith

March: "Big Little Lies" by Liane Moriarty

April: "The 100-Year-Old Man Who Climbed Out The Window and Disappeared" by Jonas Jonasson



WSG WIDOW SUPPORT GROUP

Have you lost a beloved spouse? Do you need someone to relate to, and to listen to you? We would like to invite you to the Widow and Widowers group that meets for breakfast every Saturday at 8:30 a.m. and for dinner on the 4th Tuesday of each month at 6:00 p.m. Saturday morning breakfast is at the Best Western at 330 E. Corporate Dr. in Lewisville. The 4th Tuesday dinner is at Salerno's restaurant on FM 2499 cost is \$10 for a complete buffet dinner with iced tea, coffee, and dessert.

If you have any questions or for more information please contact the WSG president Charlene Davis at 972-463-3197 or charlenebdavis@aol.com

Happy Valentines

Join us as we celebrate that Loving Feeling with a lunch and plenty of goodies. A light lunch will be provided but please sign up to bring some sort of dessert.

When: Thursday, February 12
Where: Robert & Lee DuVall Center
Time: 12:15 PM
Cost: Light lunch provided, sign up and bring a dessert



Tai Chi Gung

Tai Chi Gung will continue to take place at the Robert & Lee DuVall Center but there are a few changes. Monday sessions will be held from 12 PM - 1 PM with Instructor Peggy Campanga. Thursday sessions will be held from 10:30 AM - 11:30 AM with video instruction



Special Talents

Do you have a special talent or hobby that you would like to share with others? If so, contact our office at 972-317-7430.

Trips

January

Kimbell Art Museum - Fort Worth

When: Tuesday, January 20

Time: Bus leaves The Robert & Lee DuVall Center at 9 AM

Cost: \$15 Residents; \$17 Nonresidents

Registration Deadline: Friday, January 16

Join us as we tour the Kimbell's permanent collection which is small in size, comprised of fewer than 350 works of art, but is distinguished by an extraordinary level of artistic quality and importance. The idea of building a choice collection of representative masterpieces was established by the Board of Directors of the Kimbell Art Foundation in consultation with Museum's first director, Richard F. (Ric) Brown, in a Policy Statement of June 1, 1966.

DO YOU HAVE somewhere you've been wanting to go, but don't want to deal with the hassle of driving and parking?

If so, please share your ideas with Kristin!
kwillingham@highlandvillage.org or call 972-317-7430

TRIP NOTES
All trips must be paid for in full for your spot on a trip to be finalized. You can register for trips in person at the Robert and Lee DuVall Center at 9485 Highland Village Road or online at: <http://activenotactive.com/hvparke>. No refunds will be given if there is an entry fee on the trip.

Refunds will be given if a trip is cancelled due to weather or if there are not enough people to meet the required participation. Lunch or dinner will be on your own unless noted.
* Minimal walking
** Lots of walking

Trips

February

GEORGE W. BUSH PRESIDENTIAL LIBRARY & MUSEUM - DALLAS

When: Wednesday, February 18

Time: Bus leaves The Robert & Lee DuVall Center at 9:00 a.m.

Cost: \$30 Residents; \$32 Nonresidents

Registration Deadline: Wednesday, February 13

The Museum at the George W. Bush Presidential Library and Museum tells the story of the United States in an extraordinary time. Using artifacts, documents, photographs, and videos from the Library's extensive collection, the 14,000 square foot Museum includes exhibits on education reform, the global war on terror, the financial crisis, and efforts to combat the spread of HIV/AIDS. The Museum features a piece of steel from the World Trade Center, a full-sized Oval Office, a Texas Rose Garden and so much more!

Things to look for!

March

Arboretum:
Dallas Blooms Trip
St. Patrick's Day Party

April

Lone Star Park Trip
Panckae Breakfast



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

January



1
Happy New Year!
All city facilities will be closed

2

3

4

5
Tai' Chi Gung
12 PM
Instructor Led

6

7
Book Club
Meets at Barnes and Nobles 11 AM - 12 PM

8
Tai' Chi Gung
10:30 AM
Video Instruction
Rummikub with the Greater Lewisville Newcomer's Club
12:30 PM - 4 PM

9

10

11

12
Tai' Chi Gung
12 PM
Instructor Led

13

14

15
Tai' Chi Gung
10:30 AM
Video Instruction
Meals on Wheels served at 12PM
Followed by BINGO

16
Last Day to sign up for Kimbell Art Museum Trip

17

18

19
Martin Luther King Day
All city facilities will be closed

20
Trip to Kimbell Art Museum
Bus leaves at 9:00 AM

21

22
Tai' Chi Gung
10:30 AM
Video Instruction

23

24

25

26
Tai' Chi Gung
12 PM
Instructor Led

27

28

29
Tai' Chi Gung
10:30 AM
Video Instruction
Meal provided by Corinth Rehabilitation Center
12:15 PM-Trivia to follow

30

31

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



February



1	2 Tai' Chi Gung 12 PM Instructor Led	3	4 Book Club Meets at Barnes and Nobles 11 AM - 12 PM	5 Tai' Chi Gung 10:30 AM Video Instruction Meals on Wheels served at 12 PM Followed by BINGO	6	7
8	9 Tai' Chi Gung 12 PM Instructor Led	10	11	12 Tai' Chi Gung 10:30 AM Video Instruction Valentine's Day Party 12:15 PM	13 Last day to register for the George Bush Presidential Library & Museum Trip	14
15	16 Tai' Chi Gung 12 PM Instructor Led	17	18 George Bush Presidential Library & Museum Trip Bus leaves at 9 AM	19 Tai' Chi Gung 10:30 AM Video Instruction Meals on Wheels served at 12 PM	20	21
22	23 Tai' Chi Gung 12 PM Instructor Led	24	25	26 Tai' Chi Gung 10:30 AM Video Instruction Meal provided by Corinth Rehabilitation Center 12:15 PM- BINGO to follow	27	28